



# Greater Washington County FOOD BANK

## NIBBLES OF NEWS

SPRING 2020 ISSUE



### FOOD BANK'S RESPONSE TO COVID-19 PANDEMIC

Joy Braunstein, Donor Relations

Dear Supporters of Greater Washington County Food Bank,

On behalf of those we serve, to say that we are humbled by your generosity would be an understatement. Literally thousands of individuals, businesses, civic, and religious organizations have come together and contributed the funds we needed to assure no one in Washington County will go without the emergency food they need, that they receive it in the safest possible way, and that we have the infrastructure in place to help those who find themselves facing longer term need apply for SNAP benefits.

While we never could have anticipated the spring that we would be facing, or the loss and trauma that would come with it, we had faith that our community would come together. It certainly has. We have seen so much positivity and good will from all of you and we cannot thank you enough, though we will certainly try. You stepped up when we asked, and so many of you without us having to ask. And in our book, every single gift, no matter how small or how large is equally as important - we know that your gift was deeply meaningful to you, and it was to us and to the individuals and families that we have served during COVID-19, and those we will continue to serve. Thank you.

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# FROM THE EXECUTIVE DIRECTOR

Connie S. Burd, Executive Director

OKAY, so I am a bit late in changing out my home calendar; the one hiding right in front of my nose. Though I pass by it every day, I wasn't seeing the message. 2019 is over! Get with the program. This is a new year, a new decade, a new opportunity. Actually... it was mid-March. Doesn't everyone change their calendars in March?

As I removed the calendar from the tiny nail, a vivid memory flashed through my mind. When the Food Bank staff had a Christmas party last December, someone said, "I hope 2020 is better than this year." We all agreed that 2019 had been challenging, and that 2020 should be much better.

As I closed the calendar and placed it on the counter, words headlining the cover rose to meet my weary gaze. Father Flanigan's Boys' Home Presents...SIMPLER TIMES.

I took a step back. How true it was. Suddenly, the difficulties of 2019 seem insignificant. As we find ourselves on lockdown, sheltering in place, face masked (I thought that was a penalty), socially distanced, and working remotely, 2019 emerges as a tranquil recollection.

Conference calls have taken the place of water cooler discussions. Temperature taking and latex gloves have replaced handshakes and hugs. A walk in the park has become illegal. Jobs have been eliminated, businesses closed, food is in short supply. People have died!

These are indeed dark times. The highlight of my day has become opening the mail. Greater Washington County Food Bank has received more notes of encouragement and greeting cards in the past six weeks than we have in the past six years. Those kind thoughts and inspirational words mean the world to us. We are keeping them, and we will use them to create a commemorative display. When these menacing days are fulfilled and we are left with the painful memory, we will look at those notes again and remember your thoughtfulness.

Our message to you is that we are here and "open for business". We will continue the mission. Maybe the model has changed, but our commitment to providing food remains strong. So no one goes to bed hungry.



GWCFB Staff standing strong against COVID-19



Staff and volunteers loading food directly into a client's car



The new, larger volunteer area at the Food Bank's warehouse

"GREATER WASHINGTON COUNTY FOOD BANK HAS RECEIVED MORE NOTES OF ENCOURAGEMENT AND GREETING CARDS IN THE PAST SIX WEEKS THAN WE HAVE IN THE PAST SIX YEARS. THOSE KIND THOUGHTS AND INSPIRATIONAL WORDS MEAN THE WORLD TO US."

# WAREHOUSE EFFICIENCY IMPROVED

Peggy C. Grimes, Asst. Executive Director & Warehouse Manager

Prior to COVID-19, Greater Washington County Food Bank warehouse personnel did all the food picking and packing for pantry distributions. They were picking everything by the case, which would then be palletized and put on trucks and then sent to our various pantries. At our pantry locations, the clients would walk through and get items that they were allowed. Not all sites have climate control capabilities, so some locations were limited on fresh dairy, produce, and other perishable products. Well March 15th, 2020 changed everything in our warehouse, very quickly. We set up an area where volunteers and staff made pre-packed boxes to send out to clients, about 6,000/month to be exact. Next, we rearranged the warehouse in such a way to make it safe for volunteers to come and go safely. We now do the Truck to Trunk distribution of our pre-packed boxes at controlled sites to ensure the safety of GWCFB staff, volunteers, and clients. We have given out more food to help clients during this critical time, as we guaranteed every person received fresh items as well. We are thankful for our volunteers as well as our workers, as everyone is essential to make sure nobody goes to bed hungry.

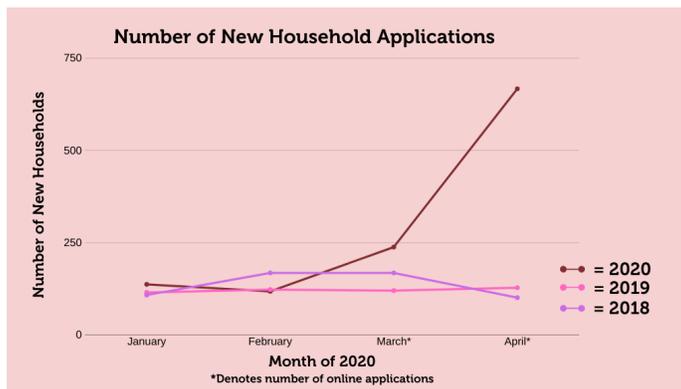
# COVID-19: PANTRIES BY THE NUMBERS

Lorraine Johnson, Pantry Liaison

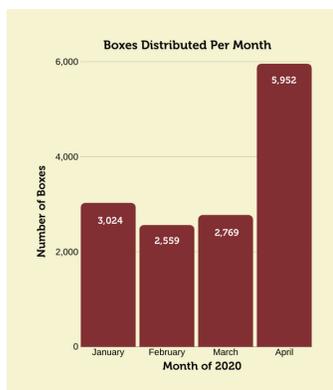
Adaptation-Level Phenomenon is the tendency people have to quickly adapt to a new situation, until that situation becomes the norm.

This term could not be more accurate of the past quarter for the staff and volunteers at Greater Washington County Food Bank.

When the events around COVID-19 escalated in mid-March, the first thought we had was, "Well, our Truck to Trunk model we are using in select sites is ideal for safety and sanitation for staff, volunteers, and those utilizing Food Bank services." Our drive-thru model was operational at two sites for several months before COVID-19, and it allowed for a very quick and natural adjustment in model to help those in need around Washington County.



Immediately after making that decision, everyone from Warehouse Manager to Book Keeper to Executive Director stopped what they were doing to start an assembly line. This process lasted over a week, and then an automated volunteer registration system was generated and embedded into our website. This allowed the increase in volunteer requests (over 1,000 total processed!) to self-schedule, while allowing Greater Washington County Food Bank to comply with CDC guidelines.



In the month of April, we saw a dramatic spike in new household applications for assistance (667), more than doubled the number of prepared boxes distributed, and gave out **206,150 pounds** during the month of April. This large increase is due to all sites receiving meats, produce, and bakery, made possible by Truck to Trunk.

As an old proverb goes, "The wise adapt themselves to circumstances, as water molds itself to the pitcher."

# AUTOMATIONS TO SCALE QUICKLY TO MEET NEED

Justin McAtee, Director of Marketing

Numerous automations have been made to allow Greater Washington County Food Bank to provide the most updated, useful information for all; whether you want to donate, volunteer, or simply register for services and support.

For those looking to donate, the integration of PayPal into our websites provides the convenience of supporting without pulling out the check book. An initial goal was to raise \$50,000 through this generic "donate" page, and we are above \$75,000 on that portal.



**"ORGANIZATIONS, BUSINESSES, GROUPS, AND EVEN SCHOOLS BEGAN HOSTING THEIR DRIVES, ALONG WITH SELF-SET FUNDRAISING GOALS BETWEEN \$500 AND \$5,000, AND EVERY SINGLE ONE EXCEEDED THEIR GOALS."**

For those who wanted to get involved, we developed the Virtual Food Drive concept. Rather than having groups use the general online donation form, we wanted to provide some visibility for those organizing Virtual Food Drives. Organizations, businesses, groups, and even schools began hosting their drives, along with self-set fundraising goals between \$500 and \$5,000, and every single one exceeded their goals. This venture helped us raise awareness and access for donating, bringing in over \$180,000, lead by Washington County Community Foundation's \$50k Close to Home Matching Challenge. It's noteworthy that the average Virtual Food Drive donation is 21% larger than those who use the general online donation form.

Email campaigns, headed by Joy Braunstein, Donor Relations, have allowed significantly increased transparency for those with a vested interest in supporting the Food Bank at a weekly level. Social media automation has also allowed the quick spread of information. An average Facebook post from GWCFB typically reached 400-500 people. The May Truck to Trunk distribution graphic reached over 17,000 people!

# TRUCK TO TRUNK

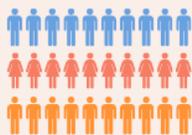
Truck to Trunk's model is the end result of combining convenience, freshness of product distributed, food safety, and the conscious efforts to minimize contact between Greater Washington County Food Bank staff, volunteers, and clients during these trying times.

Truck to Trunk ensures everyone gets the same opportunities for boxed and canned food, but also to meats, produce, dairy, and bakery (which some locations didn't have the facilities to accommodate these additional items before).



## WHAT IS TRUCK TO TRUNK?

Truck to Trunk is a supplemental food assistance model initiated by GWCFB in an effort to provide convenience, food safety, and freshness of products to the clients we serve. How does it work?



### STEP 1 DRIVE



to the your designated Truck to Trunk destination. Destinations listed at [gwcfb.org/truck-to-trunk](http://gwcfb.org/truck-to-trunk). Unable to attend? Assign a proxy ahead of time and complete the form online at [gwcfb.org/pantry-proxy-forms](http://gwcfb.org/pantry-proxy-forms)

## GET IN LINE STEP 2

Drive right up to the truck and GWCFB staff/volunteers will load your box directly into your trunk. Space in the trunk must be available for boxes to be loaded.



## STEP 3 HEAD HOME



Once you you work your way through the line, you're good to go! Truck to Trunk provides the convenience of not even leaving your vehicle and the safety of minimizing contact with yourself or your food.

LET'S MAKE GETTING ASSISTANCE EASIER



Greater Washington County  
**FOOD BANK**

Visit [www.gwcfb.org/truck-to-trunk](http://www.gwcfb.org/truck-to-trunk) for more details or to donate

# THE SHINING LIGHT: VOLUNTEERS

# OF VOLUNTEER HOURS  
LOGGED AT WAREHOUSE  
SINCE 3/17

# 1,233

There is no hyperbole in this following statement: we could not have been able to ramp up operations to match the need without the generous help of our dedicated volunteers. When stay-at-home orders were put into place, the requests to volunteer at the Food Bank increased, and we were able to automate the process to be as efficient and effective as possible in preparing for Truck to Trunk distributions across Washington County.

Based on numbers from the volunteer scheduling system, we have been blessed with over 1,200 hours of volunteer assistance in packing boxes in our warehouse. This can be added to the volunteer time spent helping at distributions, as well as those spending time organizing food drives around the county to benefit the Food Bank.

The item that stands out the most are the two different types of groups of volunteers who have stepped up to meet the need: those who volunteer multiple times every week and those who are volunteering at GWCFB for the first time.

We have nearly a dozen volunteers who have donated more than 10 times since March 17th, with the largest number being Stacy B. of Richeyville, who has volunteered to pack boxes, package meats, organize locally donated goods, and organize health & beauty products. Stacey alone is responsible for 120+ hours of volunteering, or 10% of all volunteer hours from the 97 different volunteers who have helped at our warehouse. Stacey sets a good example of the positive benefits of volunteering for her son, who accompanied her on many of these shifts.

With the scheduling process being so easy with the website SignUpGenius.com, we were finding that we would fill every box-packing spot for the next few weeks almost instantly. It was amazing to see the community support by those being selfless enough to spend hours a day helping us pre-package boxes. When the warehouse was rearranged to increase the size of the volunteer packing area (which also increased warehouse staff's ability to safely use machinery to organize food product around the warehouse), we found that we were able to significantly increase productivity.

In the first week of COVID escalating, GWCFB staff was able to package 250 boxes in a three hour span. Once the new operations of the volunteer packing area were set in place, we had groups who were able to package over 600 boxes in the same three hours. The record so far is set at 671 boxes in a three hour span - talk about productivity!

Greater Washington County Food Bank ran into a positive, unexpected problem due to the amazing work from volunteer groups... we were so far ahead in packing that we started to reallocate these volunteers to different components of the facility. Some volunteers got to experience the process of planting on The Farm. Others help sort donations that are brought into Country Thrift Market. We fully expect to return to box packing in the coming weeks to prepare for further months upcoming, but it is a source of pride that operations are streamlined to be ahead of the need, rather than reacting and scrambling to meet the need.

## Thank you volunteers!

### TOP VOLUNTEERS (# OF SHIFTS)

- STACEY B.
- SARAH H.
- JACOB C.
- FRANK M.
- GINNIE M.

ANNMARIE AND BRYSON B.



# THE HUNDREDS OF #FOODHEROES IN OUR COMMUNITY

Greater Washington County Food Bank started using the hashtag "#FoodHero" on social media. This hashtag embodies what every donation does for someone in the area, acting as a literal hero to those who need our services the most. We hope that you use and share this badge of honor in your communications. The support we have received has been surreal, from foundations, local/regional/national businesses, charitable groups, food drive hosts, and the largest category - individuals within the community! \*As of 5/15/20

## Foundations

- AQUALIFE Foundation
- Benevity Fund
- CentiMark Foundation
- Charities Aid Foundation
- Equitrans Midstream Found.
- EQT Foundation
- First Energy Foundation
- Hartman Foundation
- Penn. American Water
- Pledgeling Foundation
- Mosites Foundation
- TC Energy Foundation
- UPMC Foundation
- Wash. Co. Community Found.

*Plus several private family funds, personal charitable funds, and family endowments.*

## Charitable Groups

- Bens Men
- Bentleyville Lioness Club
- Black Diamonds
- California Rotary Club
- Church of the Covenant
- First Presbyterian Church 1793
- Mel Blount Youth Home
- National Slovak Society
- Nativity of the Virgin Mary Orthodox
- Nottingham Christian Center
- Presby. Church of Charleroi
- United Way of Mon. Valley
- Washington County Health Center Auxiliary
- Washington Rotary Club
- Western PA UAW CAP

## Businesses

- Anthony J Sacco State Farm Insurance Agency
- Accutrex Products
- Aragon Industrial
- Bentleyville Fox's Pizza
- Cameron Coca Cola
- Castle Biosciences
- Centerville Clinics
- Chevron
- CHROME FCU
- Columbia Gas of PA
- Cowden Valley LLP
- Crown Castle
- Day Insurance
- DeAusustine Construction
- Ductmate
- Eco Solution Distributing
- Evoqua Water Tech.
- H2R CPA
- Heritage Environmental
- J. Annette Designs
- Marcellus/Utica Gas
- Marathon Petroleum Corp
- Markosky Engineering
- McNamara Investment
- Menasha
- Mondine Home Improvements
- Montgomery IP Assoc.
- Novak Strategic Advisors
- OPEIU Local 457
- Pershing
- PSEA
- PSI Group
- Range Resources
- Sentry Wellhead Systems
- Split Rails Sporting Clays
- Sunshine ERP Consulting
- Sweat Law Offices
- Strabane Trails Village
- Viking Erectors
- Visvero, Inc.
- Webb Law Firm
- Wash. Co. Farm Bureau
- Washington Domestic Relations

*\$100 minimum donors listed in all categories. Your group not listed? Email marketing@gwcfb.org for social media shout-outs.*

## Virtual Food Drive Hosts

### PAST HOSTS

- ARC Randolph & Assoc.
- Avella Comm. Serv. Club
- Bails & Associates
- Braun-Bostich & Assoc.
- Budd Baer Subaru
- Consolidated Wellsites
- First Commonwealth Bank
- Henry F. Teichmann Inc.
- Penn. American Water
- Trinity MS Student Council
- Wash. Co. Common Pleas
- Wash. Co. Farm Bureau/4H

### ACTIVE HOSTS

- Axis Business Consultants
- Central Assembly of God
- CAST-Pittsburgh
- Men's Club of St. Benedict
- Mylan Human Relations
- Mylan Legal & Compliance
- PTTI Canonsburg
- Rotary Club of California
- Rotary Club of Washington
- Studio M Photographic
- TJD Energy Services LLC
- WestRock Coal Center

**LARGEST INDIVIDUAL DONATION:**  
\$80,000 - ANONYMOUS

**LARGEST BUSINESS DONATION:**  
\$20,000 BY RANGE RESOURCES

**LARGEST FOUNDATION DONATION:**  
\$50,000 BY WASHINGTON COUNTY COMMUNITY FOUNDATION

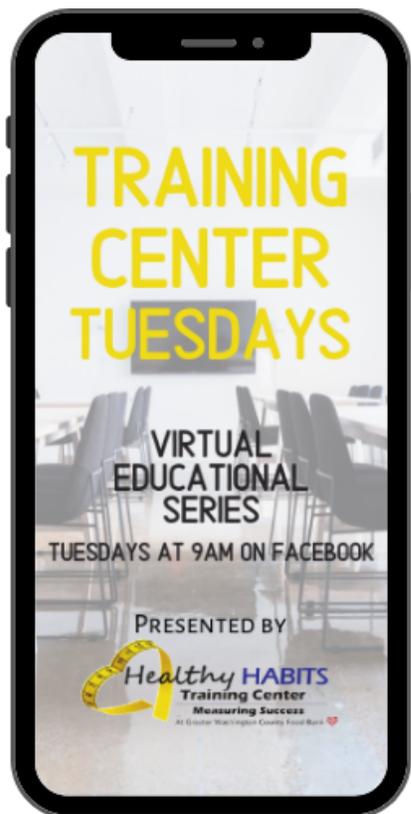
*\*One of several made by WCCF*

**TOTAL # OF DONORS**  
**1,861** as of 5/15/20

# HEALTHY HABITS TRAINING CENTER GOES VIRTUAL



Jodi Gatts, Program Administrator & SNAP Coordinator



Healthy Habits Training Center at Greater Washington County Food Bank has continued to bring healthy and fun education to our loyal supporters and neighbors. Thank goodness we live in an age where we can still talk to, see, and hear each other without being in the same room! While our spring schedule initially included classes and topics such as making Easter candy, spring tea, cooking classes, and other fun classes, we had to ensure we took the responsible measures of closing in-person classes when COVID-19 escalated.

Using social media and technology, Training Center Tuesdays allows you to view tips on healthy eating, exercises to do in your home, new recipes to try, and science class with chickens. We have more fun and engaging classes upcoming; please “like” us on Facebook so you can be notified every Tuesday at 9AM when we share each week’s episode. Some weeks are even done with Facebook Live, so it can be interactive and in live-time! If you would like to share a 5, 8 or 10-minute video on your interests, favorite recipe or craft, or tips on staying sane through this tough time, reach out to us and we can give you the instructions to get your video to us.

Being the outreach coordinator for SNAP for Washington and Greene counties, I have seen a great increase in the need for food. GWCFB has significantly increased the pounds of food distributed, and the amount of SNAP applications being submitted has increased. The SNAP program has really simplified their application process. Applicants can either text or call. If they text, someone will call them back. If they call, they can talk to a live person who can help them through the SNAP application. Or, they can call me directly at Greater Washington County Food Bank, I can help them through the application. If you or anyone you know needs help signing up for SNAP, please text SNAP to 555-888 or call 1-833-822-7627 or call me, Jodi Gatts, 724-632-2190 x 115.



CALL: 724-632-2190 X115  
TEXT: 555-888

## RAISING CHICKENS FOR THE FARM



Healthy Habits Training Center has conducted several informational and education programs on raising chickens, and has now taken the next step to raise chickens to live in the chicken coop, located at The Farm.

Starting in February, Healthy Habits Training Center acquired one dozen eggs. They were incubated and in a controlled climate. It is recommended that chicken eggs incubate at 99.5 degrees Fahrenheit, with moderate humidity during their first two weeks, and higher humidity levels during their final week. On average, it takes 21 days for a fertile egg to hatch. Rotating the eggs also plays a vital role in development, typically rotating multiple times for the first 18 days or so.

After a few weeks, the eggs can be candled to view development, and creates a unique educational experience, especially for younger individuals. Candling is the process of directing light into the egg to see the development of the embryo.

As the incubator progresses eggs towards the time of hatching, you may begin seeing eggs move slightly as the chicks prepare to hatch. Chicks will work their way out of the egg shell, and are ready to be self-sustaining rather quickly. The two hatched chicks were drinking water and stretching their wings in no time. As multiple begin to hatch, you can hear their peeping grow louder.

With the timing of this process, the weather was not yet suitable for young chicks to spend their time outside. The chicks from Health Habits Training Center were transferred to an intermediary, indoor chicken coop in the GWCFB warehouse, where they quickly grew in size. Other chicks were purchased so create a full flock.

As spring approached, and the chickens grew to a suitable size, it was time to transfer them to the chicken coop outside on The Farm. The coop has undergone some minor repairs and updates, but it is a home that allows significant protection from weather, as well as a large area for free range. They love spending time outside in the grass!

Once COVID-19 guidelines allow so, we would love to have visitors to The Farm to view and feed the chickens. We expect it to be a fun excursion for those who visit our facility.



Chickens in their new home on The Farm

# LIKE MANY, WE ARE #STILLFARMING



Morgan Livingston, Agricultural Innovations Manager at The Farm

Around the time that social distancing measures were being implemented across Pennsylvania, I had a conversation with the Marketplace at Emerald Valley owner and Farm supporter, Alisa Fasnacht, about farmers' ability to respond to the pandemic. Alisa pointed out that farmers are intimately acquainted with the type of uncertainty that we are all facing right now. Farmers are accustomed to responding to factors out of their control on a daily basis, whether that be the weather, commodity markets, livestock disease, etc., and the stress that comes along with that. Farmers know that in the face of unfair circumstances out of your control, the best thing you can do is to work diligently at the things you can. There is no better profession to be reliant on during this pandemic.

With the help of our dedicated volunteers, The Farm is doing our part to enhance our community's food security now and in the future. We have increased our hydroponics production with plans to several hundred additional grow sites in Pod 2 in the near future. Our first raised bed crops are coming into production and will be distributed to food bank clients across the county.

We have planted 100 blackberry plants, blueberry plants, and asparagus plants in the last few weeks; all perennial crops which will provide a harvest for years to come. Volunteers have started herbs and vegetables which will be transplanted into the field in the coming weeks. Simultaneously as we've worked to increase our vegetable and fruit production, we've also sought to incorporate educational opportunities into our program primarily

through the launch of The Farm facebook page (@TheFarmGWCFB) and #FarmFriday. Every Friday at 9am, The Farm facebook page goes live with a farm update, focusing on educational topics related to gardening and agriculture. We have covered how to build and plant raised beds, starting seeds, hydroponics, and our blackberry planting and irrigation set up. At the end of each segment, we share about upcoming Farm volunteer opportunities that can be found at [www.gwcfb.org/volunteer](http://www.gwcfb.org/volunteer).

We also successfully moved the Hydroponics & Aquaponics Workshop Series for Veterans to an online format, thanks to the support and flexibility of our participants, workshop instructors, and sponsors. It is our hope that both the #FarmFriday campaign and the volunteer projects themselves will provide valuable educational opportunities for the community, as well as contributing healthy produce for those who need it. Please visit the website & like The Farm Facebook page to learn more!

Over two months into COVID-19, The Farm is #StillFarming and doing all we can to provide healthy produce and agriculture education to the community, as we always have. Our work is more important than ever and would not be possible without the dedication of our hard-working volunteers. If you would like to join us in practicing the discipline of action in the face of uncertainty that our farmers model so well, we'd love to have you.



A video library of all Farm Friday episodes plus additional educational videos is available on The Farm's facebook page, [facebook.com/TheFarmGWCFB](https://facebook.com/TheFarmGWCFB)

Volunteers will be needed with outdoor maintenance on The Farm, with items such as weedwhacking, mowing, harvesting crops, and changing nutrients in the hydroponic pods being a regular activity.

To sign up to volunteer on the farm, visit their website: [www.gwcfb.org/volunteer](http://www.gwcfb.org/volunteer)

**SOLAR UPDATE:**  
BIDS FOR SOLAR ARRAY PROJECT ARE DUE BY 6/1, WITH CONSTRUCTION STARTING END OF JUNE.



Planting in the field is officially underway!

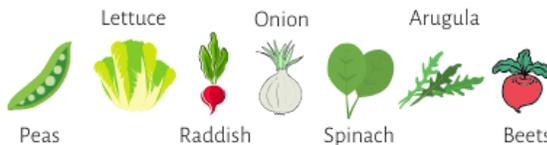
## CURRENTLY GROWING



### Orchard:



### Raised Beds:



### Field:



### Hydroponics:



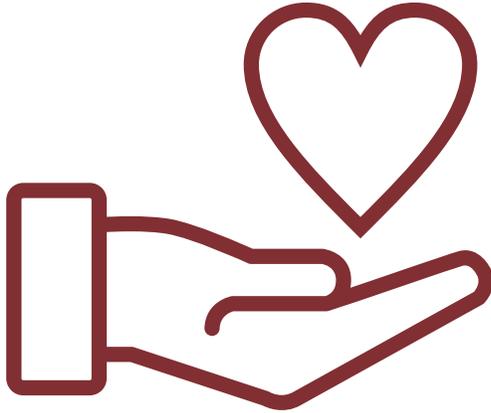
As of 5/15



# Greater Washington County FOOD BANK

909 National Pike West  
Brownsville, PA 15417

Nonprofit Org.  
U.S. Postage  
**PAID**  
Washington, PA  
Permit No. 47



*To all those who helped our community during this trying time, thank you.*

**SPRING 2020 NEWSLETTER**

Place 1"x 2-5/8" label here

## THRIFT MARKET OPENS WITH BIG SALES

*Adrienne Ewing, Thrift Store Manager*



During the shutdown of Country Thrift Market, my team and I were able to reorganize our sales floor, rotate stock room goods, price and stock donations from our warehouse, efficiently clean our store, and assist with packing food boxes for local pantries and Truck to Trunk distributions.

Needless to say, we were able to be productive during this time, and set new standards of safety for reopening. On April 24th, 2020, we made the decision to reopen Country Thrift Market. In four hours, we doubled gross sales of what we would normally do on any given day, and it has been as such since reopening. As a reminder, net profits go towards supporting Greater Washington County Food Bank, so it's been great to do our part to support the Food Bank.

Our store does have guidelines that must be followed when entering the store to shop. So far, everyone is following them, and we want it to continue that way. We want everyone to remain safe while still being able to come purchase items they need. It is not crowded in the store, but we have noticed that the size of transactions per customer has increased. This is great for the result of helping the Food Bank!



**JUN**

**JUNE 1ST – JUNE 6TH: SUMMER SALE**

**ALL CHILDREN'S**

**CLOTHING 0-5T WILL BE \$1 EACH;**

**MEN'S AND WOMEN'S DRESS PANTS \$2.99 EACH;**

**WOMEN'S BLAZERS \$1.99 EACH.**

**JUNE 8TH – JUNE 13TH: FLAG DAY SALE**

**ANYTHING RED, WHITE, OR BLUE IS 25% OFF.**

**JUNE 15TH – JUNE 20TH: FATHER'S DAY SALE**

**ALL MEN'S CLOTHING 50% OFF.**

*\*Some exclusions apply*